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Danielle Strickland has led churches, started training schools and established justice departments around the world. She spent 22 years as an officer in The Salvation Army and is an Ambassador for *Stop The Traffik*.



The world is crying out for rightness, truth and goodness to enter the scene.

PERSONAL REFLECTION

We all have a tape that plays in our mind, highlighting things we think to be true about ourselves. Some of these things are right, true and good, *and some aren't*.

1. Write down two things that play repeatedly in your mind (one positive and one negative):

POSITIVE:

NEGATIVE:



True Humility is agreeing with God about who you are and who He made you to be.

2. Answer honestly, if God is loving, kind and patient, is the second statement something you think God would say about you.

Yes / No

Why?

“*True Dependency is agreeing with God about who He is.*”

List three ways you truly get to know a person.

- 1.
- 2.
- 3.

Do you think these ideas could be examples of ways you could also get to know God?

Yes / No

“*As we create places where God is experienced and make space in our lives where only He can meet us it's only then that pockets of dependency are built which help us to truly know him.*”

NEXT STEPS

Taking this one step further, below are examples of ways you could begin to create pockets of dependency in your life. If you'd like to start, choose one of these or write your own to action this weekend:

- Choose to befriend someone different than you (beliefs, looks, culture, values etc.) and really be their friend.
- Choose to share openly with family and friends about how you're really doing (more than 'I'm fine'.)
- Give generously and start supporting a sponsor child. . . even if it eats into your own pocket money.
- Talk to God about the hard stuff in life and ask him to help you. If you get an idea, try it out!
- Step out and try connecting with God in a different way (e.g. Nature, Creativity, Music, Writing etc.)
- Start volunteering, try your local nursing home! Build friendships with the residents and be there as someone who they can count on.
- Ask God for someone to encourage. If he gives you a name, write them a letter or take them out and tell them what you think about them!